

In-House Modified Duty Program



Agile's In-House Wellness Program: A smarter alternative for employers than temporary total disability

Keep your injured employees engaged,
productive, and recovering faster

When an employee is injured on the job, many employers face a difficult challenge: what happens when they can't accommodate the employee's work restrictions? Traditionally, the only option has been to place the employee on Temporary Total Disability (TTD) — sending them home to recover with no structure, limited oversight, and growing exposure to litigation messaging and inactivity.

This results in significantly higher financial penalties for the employer and typically a longer recovery for the patient. It also undermines a strong work ethic among other workers forced to take on additional duties while the injured employee remains at home.

Agile has a better solution to temporary total disability with our In-House Modified Duty Program. When you cannot provide modified work at your facility, we will provide it for you — at our clinic, where your employee will participate in a full-day modified work curriculum designed to support recovery and restore functional capacity.



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Program details on the back, or contact us at: clientrelations@agileoccm.com

In-House Modified Duty Program

Now There's a Better Option to TTD: Agile's In-House Modified Duty Program

When you are unable to accommodate work restrictions, we can create modified duty for your employee at our clinic, allowing your injured employee to remain:

- On a structured work schedule
- Under professional supervision
- Actively engaged in recovery-appropriate activities

All while helping you:

- Reduce overall claim costs
- Support faster return-to-work outcomes
- Minimize lost-time and litigation exposure

What the Program Includes

Your employee will participate in a full-day modified work curriculum designed to support recovery and restore functional capacity. The program features:

- Educational safety booklets with worksheets and testing
- Over 50 occupational safety videos
- Supervised manual dexterity, strength, and mobility activities
- Light, structured tasks that encourage a healthy return-to-work mindset
- Integration of scheduled physical therapy and medical care
- Employees remain active and accountable in a professional setting, not idle at home.

How It Works

- Employee reports to your workplace first
- Then clocks in at our clinic for their modified duty shift
- Two breaks and a lunch are included
- Employees work independently with staff supervision
- Clear program regulations are provided for compliance and structure

Benefits to Employers

- Lower indemnity payments
- Reduces TTD days and costs
- Keeps injured employees in a productive environment
- Promotes faster and safer recovery
- Strengthens workplace morale and accountability
- Helps protect against claim escalation and litigation



The program is paid for by the employer, according to the number of days the employee attends. Typically, the program reduces over-all costs for the employer while lowering litigation potential with the patient receiving care and attention daily. If you would like to tour our facility and see how this program is conducted, please contact us at clientrelations@agileoccmmed.com to arrange a visit.