

# Clinical Psychology



## Agile's Clinical Psychologists can help your injured workers return to work and life, stress and worry-free

**Our Clinical psychologists conduct psychological assessments to diagnose mental health conditions that may affect an employee's ability to perform their work duties. These can include anxiety, depression, post-traumatic stress disorder (PTSD), substance abuse, and work-related stress.**

In industries where employees may experience traumatic events, such as first responders, healthcare workers, or those in high-risk professions, clinical psychologists can provide psychological support following incidents and help develop long-term strategies for coping with trauma. They may offer trauma-focused therapy and help employers create systems for managing emotional distress related to work-related accidents or crises.

Clinical psychologists can also evaluate whether a patient is ready to return to work and help develop an appropriate return-to-work plan. This might involve gradual reintegration into the workplace, reasonable accommodations, or modifications to the work environment to support the employee's mental health and ensure a successful transition.

Agile's in-house specialists are credentialed into the MPN networks, reducing referral barriers, allowing us to streamline booking, eliminating delays, and is part of our commitment to deliver on claim reductions.



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